

# Policy statement

## Part 1: Statement of intent

This is the health and safety policy statement of:

PLYMOUTH COASTERS RUNNING CLUB

Our health and safety policy is to:

1. Take all reasonable measures to prevent accidents and cases of club-related harm to persons.
2. Manage health and safety risks during club activities.
3. Provide clear guidelines and information, and/or adequate training for all club representatives.
4. Provide any necessary personal protective equipment.
5. Consult with members on matters affecting their safety.
6. Provide and maintain safe equipment.
7. Implement emergency procedures when necessary.
8. Review and revise this policy once per year, or when deemed necessary.

**Signed**

**Date**

**Print name**

**Review date**

## Part 2: Responsibilities for health and safety

### 1 Overall and final responsibility for health and safety:

Shannon Bays - Chair

### 2 Day-to-day responsibility for ensuring this policy is put into practice:

Health & Safety Officer – Paul Searle  
Run Leaders & committee members.

### 3 To ensure health and safety standards are maintained/improved, the following people have responsibility in the following areas:

Shannon Bays (Chair) overall responsibility for Club Policy  
Trudi Rowe (Vice Chair) deputising where necessary.  
Paul Searle (H&S Officer)  
James Nicholson (Welfare Officer)  
John Crockford (Club Coach)  
Trudi Rowe & Barry Williams - Run Leaders

### 4 All employees should:

- co-operate with supervisors and managers on health and safety matters;
- take reasonable care of their own health and safety; and
- report all health and safety concerns to an appropriate person (as detailed above).

## Part 3: Arrangements for health and safety

### *Risk assessment*

Available on Club Website to cover Club Night sessions.

### *Training*

All coaches and Run Leaders are trained under UK Athletics aka England Athletics training arrangements.

### *Consultation*

Policy developed using EA & HSE guidelines.

### *Evacuation*

The Club night muster is within premise run by PLYMOUTH ARGYLE COMMUNITY TRUST and whilst in those premises members and guests will comply with those Building management arrangements in place for the facility and be directed by the facility nominated building controllers.